

Seven Core Values for Purpose and Growth

- Surround ourselves with respectful **RELATIONSHIPS** that will help us grow as people and a team.
- Discover and use **RESOURCES** to increase chances for progress, growth, learning, and connections.
- Evaluate experiences for their **RELEVANCE** for growth and community.
- Give voice to our **RAINBOWS**—our dreams and aspirations—and act to move toward them.
- Set aside time for frequent **REFLECTION** about what we do, why we do it, and adjustments we may need to make. Remain curious!
- Act with **RESPONSIBILITY** toward others and ourselves.
- Pay attention and foster self-care and **RESILIENCE**.

